

We organizing the International Langtang Marathon under men's and women's categories in Langtang region on May 19, 2018. TAAN has been organizing this event since two years with an objective to disseminate the message that Langtang region is safe to visit after the mega earthquake 2015.

This year the event is being organized with the main objective to foster the number of tourist and create favorable environment in this region along with skimping the number of rare and elusive Red Panda found within this enchanting woodland. International Langtang Marathon 2019 is being organize to promote Nepal as one of the major destinations for sports tourism in global map.

The marathon will start from Kyanjin Gompa and end at Syabrubensi. Kyanjin Gompa is monastery in a Kyanjin settlement at an altitude of 3870 meter from where the astonishing views of gigantic mountains and peaks look very impressive. The village of Kyanjin Gompa is the last destination for most of the trekkers. The route of marathon will follow through Kyanjin Gompa-Godha Tabela- Lama Hotel- Rimche-Sherpagaon-Khangjim and Syabrubensi.

Airport pick up and drop transport.

Basic Accomodation in Kathmandu 2 nights.

Transport to Syaprubesi.

Trekking Guide.

Trekking porter for bags.

National Park Entry fee.

Trekking information managment fee.

Trekking guide and porters wages.

Staff insurance.

Running Enterance fees.

Tshirt.

Meals 3 times a day.

Accommodation before and after the race.

Transportation from and to Kathmandu.

Breakfast/ Lunch/ Dinner/ Drinks up to the race starting point.

National Park Entry fees.

Caring of your own belongings.

Personal Medical and Rescue Insurance.

Emergency evacuation cost.

Drinks expenses.

Personal Extra expenses.